### **GET HEALTHY UTAH AND** THE UTAH FOUNDATION PRESENT:

**SPRING 2024** 

# **HEALTHY** COMMUNITIES ROADSHOW

Training local leaders how to support health

# WHY THE EVENT?

Recently, the Utah Foundation released a Healthy Communities Series that consists of policy guides for improving healthy eating and active living across the state. These guides align with the **Healthy Utah Community Designation** program, run by Get Healthy Utah and the Utah League of Cities and Towns.

Together, the Utah Foundation and Get Healthy Utah are providing statewide events to educate local leaders on resources to help build a healthy community.

#### The event is intended for:

- Flected officials
- City/town staff (including parks & rec)
- Regional/city planners
- Health coalition members
- Local health departments
- And more!

# **EVENT OUTLINE**

Each event will be two hours and include:

- 1. Partner presentations from Get Healthy Utah, the Utah Foundation, and Guiding Our Growth
- 2. City Highlight of a local success story
- 3. Facilitated discussion about local challenges and opportunities related to community health
- 4. Roundtable discussions to promote networking and collective problem-solving

Food will be provided. No cost to attend.



### AT A GLANCE

### STATEWIDE EVENTS

 Two-hour events will be held in-person within each AOG jurisdiction

#### FEATURED CONTENT

- Healthy Communities Series Reports
- Healthy Utah Community Designation
- Local Success Stories and Discussions

FREE TO ATTEND!

### REGISTER HERE



GetHealthyUtah.org/What-We-Do/Events-and-Funding





