

Utah Walkability Action Institute (WAI)



Purpose:

The purpose of the WAI is to provide hands on information on active transportation to a multi-disciplinary team, resulting in action in the community

Proposed Schedule:

We have proposed a hybrid model to NACDD and CDC of a 2 day in-person event the end of March/early April, followed by virtual meetings every 3-4 weeks for about 1.5-2 hours for 6-8 sessions. We are still working with the speakers to manage the schedule. The in-person event will run from 8a-4p each day, and will consist of cooperative learning discussions with national experts including Mark Fenton, Charles Brown, and many others. Your team will learn together with the goal of implementing a project in your community, supported throughout the WAI period.

Benefits:

Direct and applicable information related to walking and other forms of active transportation as it benefits all members of a community. Teams will be able to ask questions, get technical assistance, and be able to get feedback on efforts. Participants will also be able to join the WAI community of practice, which has continued support as long as NACDD continues the effort. Ideal for new staff.

Requirements:

Attend the 2-day in-person event, and participate in the virtual sessions. Ideally a project will be selected and implemented. This project can be very simple, and can be a project already in development but addresses active transportation.

What's Needed:

Each participating LHD will need to provide 4-5 individuals as part of an interdisciplinary team comprised of a public health professional, transportation official, elected official, and one or two others (e.g., hospital staff, school staff, etc.). The sooner you can provide that information to Brett at bmciff@utah.gov the better!



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